

## Supervisors Handbook

### Teambuilding Exercise – Wednesday 14<sup>th</sup> March – 10h30 – 11h300

#### Tag Team Game

##### Resources:

- 3 white sheets of paper for flipchart
- A4 white paper
- Pens
- Markers
- Timer

Duration: 20-30 minutes

In this exercise, participants are broken up into groups of 4 people and instructed to share with their group their individual strengths and the positive attributes they feel would lend to the success of their group (as future interdisciplinary security science experts).

They are to write these strengths and attributes down on a piece of paper. After their group discussion, each team will be given one large sheet of paper, writing paper, markers, and a pen. The groups should then be instructed to make the "ultimate security science expert" by combining each team member's strengths and positive attributes into one imaginary person. This "person" should also receive a name, have a picture drawn of them, and have their different attributes labeled. The group should also write a story about this person, highlighting all of the things their imaginary person can do with all of their amazing characteristics. At the end of the exercise, each group should share their person with the group and read the accompanying story.

This exercise will help coworkers adapt to weakness they feel they or a team member may have by understanding that as a group, they are capable of having more strengths and positive attributes than they would have working solo.